



MAY DINNEER MENU 2012

Week one Monday 31	Tuesday 01	Wednesday 02	Thursday 03	Friday 04	Saturday 05	Sunday 06
	Beef Stew♥ Italian sausage Sandwich w/ Peppers & Onions	Turkey & Biscuits♥ Ham and Swiss Quiche	Baked Ziti Fried Chicken	Breaded Haddock** Open face Roasted Beef Sandwich ♥	Sweet and Sour Meatballs Chicken Parmesan	Lobster Cakes Burgundy Beef Tips**♥
Week two 07	08	09	10	11	12	13
Spanish Rice w/ Meat Turkey Reuben	Pepperoni Pizza & wings Chicken Salad Cold Plate♥	Meatloaf Burger Chicken Caesar Salad ♥	Beef Chili Grilled Pork Chops♥	Shrimp Stir Fry♥ Beef Pot Roast	B.B.Q. Ribs Fettuccini Alfredo w/ Ham	Lamb Roast Clam Casino Happy Mother's Day
Week Three 14	15	16	17	18	19	20
Chipped Beef On Toast Chicken Fingers	Spaghetti with meat Sauce Eggplant Parmesan	Chef Salad Meatloaf	Clam Bake Grilled Ham Slice	Beer Battered Haddock Boiled Shrimp♥	Roasted Turkey White or Dark Meat ♥ Meat Raviolis w/ Red Sauce	Seafood Newburg o/Rice Grilled Delmonico Steak ♥
Week four 21	22	23	24	25	26	27
Reuben Sandwich Pot Roast	House Smoked Pulled Pork Sandwich Crab Topped Haddock	Macaroni And Cheese Salisbury Steak	Stuffed Bell Peppers B.B.Q. Chicken	Fried Clams Veal Marcela	Chicken Cacciatore Sear Salmon♥	Prime Rib Baked Ham
Week one 28	29	30	31			
Sloppy Jo Sandwich Rosemary Roasted Chicken thigh	Beef Stew♥ Italian sausage Sandwich w/ Peppers & Onions	Turkey & Biscuits Ham and Swiss Quiche	Baked Ziti Fried Chicken	Heart Healthy♥ **Resident suggestion Alternates: Broccoli and Cheese Baked Potato	Baked Potato Broiled Haddock♥ Grilled Burger Hot Dog Deviled Egg cold Plate Ashton Special of the Week	

